

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 43: 100M BREASTSTROKE WOMEN 11-12 Heat:13, starttime: 16:12

Heat: 13/19 Lane : 3 Athlete: VANHEES HANNAH Q-time: 01:35:20

PB (50m pool): 01:35.20 Genk 01/02/2026 PB (25m pool): 01:32.79 SB: 01:35.20 Genk 01/02/2026

	50 M	100 M	
PB	00:45.05	01:35.20	
	00:45.05	00:50.15	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12 Heat:3, starttime: 16:31

Heat: 3/11 Lane : 3 Athlete: VANRUSSELT RAFAËL Q-time: 01:40:62

PB (50m pool): 01:40.62 Antwerpen 20/07/2025 PB (25m pool): 01:36.29 SB: 01:40.80 SportinGenk Park 24/05/2026

	50 M	100 M	
PB	00:48.09	01:40.62	
	00:48.09	00:52.53	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14 Heat:12, starttime: 17:08

Heat: 12/16 Lane : 7 Athlete: JANSSEN LAUREN Q-time: 01:04:51

PB (50m pool): 01:04.51 Antwerpen 20/07/2025 PB (25m pool): 01:03.99 SB: 01:05.52 Antwerpen 08/03/2026

	50 M	100 M	
PB	00:31.43	01:04.51	
	00:31.43	00:33.08	
			

Coach feedback: